

## Personal Social Health & Economic Education – Year 5

### Autumn 1

**What makes up a person's identity**

- A person's identity is what makes each person individual – looks, personality, beliefs, values.
- Stereotype means to class people as all the same for 1 or two reasons – this is wrong eg. All boys like football, boys shouldn't cry.

### Autumn 2

**How can we help in an accident or emergency?**

- You contact emergency services by calling 999 on a telephone
- You should only call 999 in an emergency, and it is against the law to call them if it is not an emergency
- You can contact the police, ambulance, fire brigade and coast guard by calling 999
- If you are contacting emergency services, you need to know: Where you are and explain why you are calling.
- If you are calling the ambulance you will need to know who is hurt, if they are breathing, what has happened (if you know) – you may be asked by the person on the phone to do first aid
- Basic first aid is something that you don't need any training for e.g., treating a graze, minor burn, choking, asthma and allergic reactions

### Spring 1

**How can friends communicate safely?**

- We can communicate face to face, telephone, social media.
- Not everyone online is who they seem to be.
- Keep passwords safe.
- Don't share photos or information you wouldn't want going elsewhere.
- Know who to speak to if something makes you feel uncomfortable.

### Spring 2

**What decisions can people make about money?**

- Adults need to spend their money on essential things such as: home, food, energy, clothes.
- Some things are not essential such as: toys, games, sweets.
- You need money to buy something.
- You can get money by working, saving, borrowing or if someone gives you money.
- If you can't afford to pay for something you have bought, it will get taken back by the person or company you bought it from. This could be your house.

### Summer 1

**How can drugs common to everyday life affect health?**

- Caffeine, alcohol, nicotine, medicines are all drugs.
- Some drugs have age restrictions because of the effect they may have on the user – i.e., nicotine and alcohol.
- Some people choose to use drugs to fit in (peer pressure).
- There is help for people with regards to drugs- organisations can help.
- You should speak to a trusted adult if you are worried about yourself or others.

### Summer 2

**What jobs would we like?**

- Not all jobs are paid, some may be voluntary (a way to help a charity or to gain experience).
- You should choose a job based on what you like doing, what skills you have which could be used.
- Careers advice, work experience, interest and qualifications can help you decide what job you would like to do.
- Not all jobs need similar skills - a shopkeeper is very different to the skills a hairdresser or a doctor may need.
- All jobs can be done by men and women.