Personal Social Health & Economic Education – Year 5

Autumn 1	
What makes up a person's identity	• A person's identity is what makes each person individual – looks, personality, beliefs, values. • **A person can show their identity through their online profile.** • Stereotype means to class people as all the same for 1 or two reasons – this is wrong eg. All boys like football, boys shouldn't cry.
Autumn 2	
How can we help in an accident or emergency?	• You contact emergency services by calling 999 on a telephone • You should only call 999 in an emergency, and it is against the law to call them if it is not an emergency • You can contact the police, ambulance, fire brigade and coast guard by calling 999 • If you are contacting emergency services, you need to know: Where you are and explain why you are calling. • If you are calling the ambulance you will need to know who is hurt, if they are breathing, what has happened (if you know) – you may be asked by the person on the phone to do first aid • Basic first aid is something that you don't need any training for e.g., treating a graze, minor burn, choking, asthma and allergic reactions
Spring 1	
How can friends communicate safely?	• We can communicate face to face, telephone, social media. • Not everyone online is who they seem to be. • **Keep passwords safe. If you think someone may know your password – change it.** • Don't share photos or information you wouldn't want going elsewhere. • Know who to speak to if something makes you feel uncomfortable.
Spring 2	
What decisions can people make about money?	• Adults need to spend their money on essential things such as: home, food, energy, clothes. • Some things are not essential such as: toys, games, sweets. • You need money to buy something. • You can get money by working, saving, borrowing or if someone gives you money. • If you can't afford to pay for something you have bought, it will get taken back by the person or company you bought it from. This could be your house. • **Protect your money from online fraud and phishing scams by keeping personal data safe.**
Summer 1	
How can drugs common to everyday life affect health?	• Caffeine, alcohol, nicotine, medicines are all drugs. • Some drugs have age restrictions because of the effect they may have on the user – i.e., nicotine and alcohol. • Some people choose to use drugs to fit in (peer pressure). • There is help for people with regards to drugs- organisations can help. • You should speak to a trusted adult if you are worried about yourself or others.
Summer 2	
What jobs would we like?	• Not all jobs are paid, some may be voluntary (a way to help a charity or to gain experience). • You should choose a job based on what you like doing, what skills you have which could be used. • Careers advice, work experience, interest and qualifications can help you decide what job you would like to do. • Not all jobs need similar skills - a shopkeeper is very different to the skills a hairdresser or a doctor may need. • All jobs can be done by men and women.